

## 6-8 LUNCH

Wed - 03/01/2017	Portion Size	G Carb
HAMBURGER ON BUN	1 EACH	31.00
CHEESEBURGER	1 EACH	32.00
FRIES, SEASONED, STIX	1/2 CUP	20.01
PIZZA, PRIMO PEPPORONI	SLICE	35.96
PIZZA, PRIMO CHEESE	SLICE	36.00
FRIES, SEASONED, STIX	1/2 CUP	20.01
SANDWICH, PEANUT BUT	SANDWICH	67.00
SANDWICH, HAM & CHEES	SANDWICH	28.50
SANDWICH, TRKY & CHZ 2	SANDWICH	27.00
FRIES, SEASONED, STIX	1/2 CUP	20.01
SPAGHETTI & MEAT SAUC	3/4 CUP	26.32
BREADSTICKS, WHOLE G	BREADSTICK	21.00
BROCCOLI, STEAMED	1/2 CUP	3.92
SALAD BAR, APPLES, RED	1 EACH	15.71
SALAD BAR, GRAPES, RE	1 EACH	15.00
SALAD BAR, TROP FRUIT	BOWL	17.00
SALAD BAR, CARROT, STI	1/4 CUP	2.76
SALAD BAR, CAULIFLWR	1/2 CUP	2.66
SALAD BAR, GREEN PEAS	1/4 CUP	7.28
SALAD BAR, GOBONZO'S ,	1 EACH	12.00
SALAD BAR, RANCH, LT C	1 EACH	2.84
TOMATOES, SLICED	2 SLICES	1.75
LETTUCE, SHREDDED	1/4 CUP	0.47
MILK, 1% LOWFAT	HALF PINT	12.00
MILK, FAT FREE CHOCOLA	HALF PINT	26.00
MILK, FAT FREE, STRAWB	HALF PINT	25.00
KETCHUP, HEINZ, IND	1 EACH	3.00
CONDIMENT, MUSTARD: 1	PC packet	1.00
MAYONNAISE, LIGHT	1 POUCH	0.00

Thu - 03/02/2017	Portion Size	G Carb
HAMBURGER ON BUN	1 EACH	31.00
CHEESEBURGER	1 EACH	32.00
FRIES, SEASONED, STIX	1/2 CUP	20.01
PIZZA, PRIMO PEPPORONI	SLICE	35.96
PIZZA, PRIMO CHEESE	SLICE	36.00
FRIES, SEASONED, STIX	1/2 CUP	20.01
SANDWICH, PEANUT BUT	SANDWICH	67.00
SANDWICH, HAM & CHEES	SANDWICH	28.50
SANDWICH, TRKY & CHZ 2	SANDWICH	27.00
FRIES, SEASONED, STIX	1/2 CUP	20.01
WHOLE MUSCLE BONELE	3 PIECES	13.00
CHERRY APPLE CRUNCH	Bar	43.00
FRIES, SEASONED, STIX	1/2 CUP	20.01
SALAD BAR, ORANGE WE	3 WEDGES	6.50
BANANA, MEDIUM	1 EACH	30.00
SALAD BAR, APPLESAUCE	1 EACH	22.00
SALAD BAR, SPINACHSAL	1 CUP	5.92
SALAD BAR, CELERY STIC	1.6 OZ PACKAGE	1.60
SALAD BAR, BROCCOLI F	1/4 CUP	0.89
SALAD BAR, RANCH, LT C	1 EACH	2.84
TOMATOES, SLICED	2 SLICES	1.75
LETTUCE, SHREDDED	1/4 CUP	0.47
MILK, 1% LOWFAT	HALF PINT	12.00
MILK, FAT FREE CHOCOLA	HALF PINT	26.00
MILK, FAT FREE, STRAWB	HALF PINT	25.00
KETCHUP, HEINZ, IND	1 EACH	3.00
CONDIMENT, MUSTARD: 1	PC packet	1.00
MAYONNAISE, LIGHT	1 POUCH	0.00

Fri - 03/03/2017	Portion	G
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	Size	Carb
HAMBURGER ON BUN	1 EACH	31.00
CHEESEBURGER	1 EACH	32.00
FRIES, SEASONED, STIX	1/2 CUP	20.01
PIZZA, 14", CHEESE, SLICE	SLICE	29.00
PIZZA, 14", PEPRONI, WG,	SLICE	29.00
FRIES, SEASONED, STIX	1/2 CUP	20.01
SANDWICH, PEANUT BUT	SANDWICH	67.00
SANDWICH, HAM & CHEES	SANDWICH	28.50
SANDWICH, TRKY & CHZ 2	SANDWICH	27.00
FRIES, SEASONED, STIX	1/2 CUP	20.01
MINI CORN DOGS, 2M, 2G	6 EACH	33.00
FRIES, SEASONED, STIX	1/2 CUP	20.01
SALAD BAR, PEAR, FRESH	1 EACH	22.54
SALAD BAR, APPLES, RED	1 EACH	15.71
SALAD BAR, ORANGE WE	3 WEDGES	6.50
SALAD BAR, BROCCOLI F	1/4 CUP	0.89
SALAD BAR, CARROTEENI	1.6 OZ BAG	4.03
SALAD BAR, RANCH, LT C	1 EACH	2.84
TOMATOES, SLICED	2 SLICES	1.75
LETTUCE, SHREDDED	1/4 CUP	0.47
MILK, 1% LOWFAT	HALF PINT	12.00
MILK, FAT FREE CHOCOLA	HALF PINT	26.00
MILK, FAT FREE, STRAWB	HALF PINT	25.00
ICE CREAM, VANILLA	1 CUP	11.00
KETCHUP, HEINZ, IND	1 EACH	3.00
CONDIMENT, MUSTARD: 1	PC packet	1.00
MAYONNAISE, LIGHT	1 POUCH	0.00

Mon - 03/06/2017	Portion Size	G Carb
HAMBURGER ON BUN	1 EACH	31.00
CHEESEBURGER	1 EACH	32.00
FRIES, SEASONED, STIX	1/2 CUP	20.01
PIZZA, PRIMO PEPPORONI	SLICE	35.96
PIZZA, PRIMO CHEESE	SLICE	36.00
FRIES, SEASONED, STIX	1/2 CUP	20.01
SANDWICH, PEANUT BUT	SANDWICH	67.00
SANDWICH, HAM & CHEES	SANDWICH	28.50
SANDWICH, TRKY & CHZ 2	SANDWICH	27.00
FRIES, SEASONED, STIX	1/2 CUP	20.01
CHILI CHEESE TATOR TOT	Servings	16.54
CORNBREAD, SUPER STA	1 EACH	23.00
CARROTS, SWEETENED	1/2 CUP	21.10
SALAD BAR, APPLES, RED	1 EACH	15.71
SALAD BAR, GRAPES, RE	1 EACH	15.00
SALAD BAR, MIXD FRUIT C	1 EACH	17.00
SALAD BAR, SPINACHSAL	1 CUP	5.92
SALAD BAR, BROCCOLI F	1/4 CUP	0.89
SALAD BAR, CARROTEENI	1.6 OZ BAG	4.03
SALAD BAR, BEAN, LIMA,	1/4 CUP	10.98
SALAD BAR, RANCH, LT C	1 EACH	2.84
TOMATOES, SLICED	2 SLICES	1.75
LETTUCE, SHREDDED	1/4 CUP	0.47
MILK, 1% LOWFAT	HALF PINT	12.00
MILK, FAT FREE CHOCOLA	HALF PINT	26.00
MILK, FAT FREE, STRAWB	HALF PINT	25.00
KETCHUP, HEINZ, IND	1 EACH	3.00
CONDIMENT, MUSTARD: 1	PC packet	1.00
MAYONNAISE, LIGHT	1 POUCH	0.00

Tue - 03/07/2017	Portion Size	G Carb
BACON CHEESEBURGER	1 EACH	31.50
FRIES, SEASONED, STIX	1/2 CUP	20.01
PIZZA, PRIMO PEPPORONI	SLICE	35.96
PIZZA, PRIMO CHEESE	SLICE	36.00

FRIES, SEASONED, STIX	1/2 CUP	20.01
SANDWICH, PEANUT BUT	SANDWICH	67.00
SANDWICH, HAM & CHEES	SANDWICH	28.50
SANDWICH, TRKY & CHZ 2	SANDWICH	27.00
FRIES, SEASONED, STIX	1/2 CUP	20.01
TAQUITO, CHICKEN	2 EACH	26.18
CHEESE, SAUCE, CHEDDA	1.82 OZ	2.01
REFRIED BEANS	1/2 CUP	8.05
SALAD BAR, ORANGE WE	3 WEDGES	6.50
SALAD BAR, STRAWBERRI	1/4 CUP	2.76
SALAD BAR, APPLESAUCE	1 EACH	22.00
LETTUCE, SHREDDED	1/4 CUP	0.47
SALAD BAR, CELERY STIC	1.6 OZ PACKAGE	1.60
SALAD BAR, CHERRY TOM	3 TOMATOES	1.99
SALAD BAR, SALSA CUP, 3	1 EACH	5.86
SALAD BAR, RANCH, LT C	1 EACH	2.84
TOMATOES, SLICED	2 SLICES	1.75
LETTUCE, SHREDDED	1/4 CUP	0.47
MILK, 1% LOWFAT	HALF PINT	12.00
MILK, FAT FREE CHOCOLA	HALF PINT	26.00
MILK, FAT FREE, STRAWB	HALF PINT	25.00
KETCHUP, HEINZ, IND	1 EACH	3.00
CONDIMENT, MUSTARD: 1	PC packet	1.00
MAYONNAISE, LIGHT	1 POUCH	0.00

Wed - 03/08/2017	Portion Size	G Carb
HAMBURGER ON BUN	1 EACH	31.00
CHEESEBURGER	1 EACH	32.00
FRIES, SEASONED, STIX	1/2 CUP	20.01
PIZZA, PRIMO PEPPORONI	SLICE	35.96
PIZZA, PRIMO CHEESE	SLICE	36.00
FRIES, SEASONED, STIX	1/2 CUP	20.01
SANDWICH, PEANUT BUT	SANDWICH	67.00
SANDWICH, HAM & CHEES	SANDWICH	28.50
SANDWICH, TRKY & CHZ 2	SANDWICH	27.00
FRIES, SEASONED, STIX	1/2 CUP	20.01
CHICKEN, TENDERS: (ELE	SERVING	15.00
FRIES, SEASONED, STIX	1/2 CUP	20.01
WW DINNER ROLL, 1G	1 Each	13.00
SALAD BAR, APPLES, RED	1 EACH	15.71
SALAD BAR, CRASINS, CH	POUCH	28.00
SALAD BAR, PEACH CUP	BOWL	19.00
SALAD BAR, CARROT, STI	1/4 CUP	2.76
SALAD BAR, CAULIFLWR	1/2 CUP	2.66
SALAD BAR, JICAMA, SLI, 1	1/4 CUP	2.44
SALAD BAR, KIDNEY BEAN	1/4 CUP	14.50
SALAD BAR, RANCH, LT C	1 EACH	2.84
TOMATOES, SLICED	2 SLICES	1.75
LETTUCE, SHREDDED	1/4 CUP	0.47
MILK, 1% LOWFAT	HALF PINT	12.00
MILK, FAT FREE CHOCOLA	HALF PINT	26.00
MILK, FAT FREE, STRAWB	HALF PINT	25.00
KETCHUP, HEINZ, IND	1 EACH	3.00
CONDIMENT, MUSTARD: 1	PC packet	1.00
MAYONNAISE, LIGHT	1 POUCH	0.00

Thu - 03/09/2017	Portion Size	G Carb
HAMBURGER ON BUN	1 EACH	31.00
CHEESEBURGER	1 EACH	32.00
FRIES, SEASONED, STIX	1/2 CUP	20.01
PIZZA, PRIMO PEPPORONI	SLICE	35.96
PIZZA, PRIMO CHEESE	SLICE	36.00
FRIES, SEASONED, STIX	1/2 CUP	20.01
SANDWICH, PEANUT BUT	SANDWICH	67.00
SANDWICH, HAM & CHEES	SANDWICH	28.50

SANDWICH, TRKY & CHZ 2	SANDWICH	27.00
FRIES, SEASONED, STIX	1/2 CUP	20.01
CHICKEN, WING, JUMBO,F	3 each	2.15
FRIES, SEASONED, STIX	1/2 CUP	20.01
SNACK BAR, LEMON CHIP	1 EACH	41.00
SALAD BAR, PEAR, FRESH	1 EACH	22.54
SALAD BAR, STRAWBERRI	1/4 CUP	2.76
SALAD BAR, APPLESAUCE	1 EACH	22.00
SALAD BAR, SPINACHSAL	1 CUP	5.92
SALAD BAR, ZUCCHINI	1/4 CUP	0.88
SALAD BAR, BROCCOLI F	1/4 CUP	0.89
SALAD BAR, RANCH, LT C	1 EACH	2.84
TOMATOES, SLICED	2 SLICES	1.75
LETTUCE, SHREDDED	1/4 CUP	0.47
MILK,1% LOWFAT	HALF PINT	12.00
MILK, FAT FREE CHOCOLA	HALF PINT	26.00
MILK, FAT FREE, STRAWB	HALF PINT	25.00
KETCHUP, HEINZ, IND	1 EACH	3.00
CONDIMENT, MUSTARD: 1	PC packet	1.00
MAYONNAISE, LIGHT	1 POUCH	0.00

Fri - 03/10/2017	Portion Size	G Carb
HAMBURGER ON BUN	1 EACH	31.00
CHEESEBURGER	1 EACH	32.00
FRIES, SEASONED, STIX	1/2 CUP	20.01
PIZZA, 14", CHEESE, SLICE	SLICE	29.00
PIZZA, 14", PEPRONI, WG,	SLICE	29.00
FRIES, SEASONED, STIX	1/2 CUP	20.01
SANDWICH, PEANUT BUT	SANDWICH	67.00
SANDWICH, HAM & CHEES	SANDWICH	28.50
SANDWICH, TRKY & CHZ 2	SANDWICH	27.00
FRIES, SEASONED, STIX	1/2 CUP	20.01
CHICKEN FILET MEAL	1 EACH	107.00
BANANA, MEDIUM	1 EACH	30.00
SALAD BAR, APPLES, RED	1 EACH	15.71
SALAD BAR, ORANGE WE	3 WEDGES	6.50
SALAD BAR, BROCCOLI F	1/4 CUP	0.89
SALAD BAR, CARROTEENI	1.6 OZ BAG	4.03
SALAD BAR, RANCH, LT C	1 EACH	2.84
TOMATOES, SLICED	2 SLICES	1.75
LETTUCE, SHREDDED	1/4 CUP	0.47
MILK,1% LOWFAT	HALF PINT	12.00
MILK, FAT FREE CHOCOLA	HALF PINT	26.00
MILK, FAT FREE, STRAWB	HALF PINT	25.00
COOKIE, OATMEAL, RF	EACH COOKIE	27.00
KETCHUP, HEINZ, IND	1 EACH	3.00
CONDIMENT, MUSTARD: 1	PC packet	1.00
MAYONNAISE, LIGHT	1 POUCH	0.00

Mon - 03/20/2017	Portion Size	G Carb
HAMBURGER ON BUN	1 EACH	31.00
CHEESEBURGER	1 EACH	32.00
FRIES, SEASONED, STIX	1/2 CUP	20.01
PIZZA, PRIMO PEPPORONI	SLICE	35.96
PIZZA, PRIMO CHEESE	SLICE	36.00
FRIES, SEASONED, STIX	1/2 CUP	20.01
SANDWICH, PEANUT BUT	SANDWICH	67.00
SANDWICH, HAM & CHEES	SANDWICH	28.50
SANDWICH, TRKY & CHZ 2	SANDWICH	27.00
FRIES, SEASONED, STIX	1/2 CUP	20.01
CHICKEN BOWL	Bowls	54.39
GRAVY, CHICKEN FLAVOR	2 fl. oz	3.00
SALAD BAR, APPLES, RED	1 EACH	15.71
SALAD BAR, GRAPES, RE	1 EACH	15.00
SALAD BAR, PINEAPPLE C	1 EACH	15.00

SALAD BAR, SPINACHSAL	1 CUP	5.92
SALAD BAR, BROCCOLI F	1/4 CUP	0.89
SALAD BAR, CARROTEENI	1.6 OZ BAG	4.03
SALAD BAR, BEAN, LIMA,	1/4 CUP	10.98
SALAD BAR, RANCH, LT C	1 EACH	2.84
TOMATOES, SLICED	2 SLICES	1.75
LETTUCE, SHREDDED	1/4 CUP	0.47
MILK,1% LOWFAT	HALF PINT	12.00
MILK, FAT FREE CHOCOLA	HALF PINT	26.00
MILK, FAT FREE, STRAWB	HALF PINT	25.00
KETCHUP, HEINZ, IND	1 EACH	3.00
CONDIMENT, MUSTARD: 1	PC packet	1.00
MAYONNAISE, LIGHT	1 POUCH	0.00

Tue - 03/21/2017	Portion Size	G Carb
BACON CHEESEBURGER	1 EACH	31.50
FRIES, SEASONED, STIX	1/2 CUP	20.01
PIZZA, PRIMO PEPPORONI	SLICE	35.96
PIZZA, PRIMO CHEESE	SLICE	36.00
FRIES, SEASONED, STIX	1/2 CUP	20.01
SANDWICH, PEANUT BUT	SANDWICH	67.00
SANDWICH, HAM & CHEES	SANDWICH	28.50
SANDWICH, TRKY & CHZ 2	SANDWICH	27.00
FRIES, SEASONED, STIX	1/2 CUP	20.01
TACO IN BAG	SERV	27.76
BEANS, PINTO:2/7/16	1/2 CUP	16.37
SALAD BAR, ORANGE WE	3 WEDGES	6.50
SALAD BAR, STRAWBERRI	1/4 CUP	2.76
SALAD BAR, APPLESAUCE	1 EACH	22.00
LETTUCE, SHREDDED	1/4 CUP	0.47
SALAD BAR, CUCUMBER,	1/4 CUP	0.64
SALAD BAR, PEPPERS, RE	1/4 Cup	1.86
SALAD BAR, SALSA CUP, 3	1 EACH	5.86
SALAD BAR, RANCH, LT C	1 EACH	2.84
TOMATOES, SLICED	2 SLICES	1.75
LETTUCE, SHREDDED	1/4 CUP	0.47
MILK,1% LOWFAT	HALF PINT	12.00
MILK, FAT FREE CHOCOLA	HALF PINT	26.00
MILK, FAT FREE, STRAWB	HALF PINT	25.00
KETCHUP, HEINZ, IND	1 EACH	3.00
CONDIMENT, MUSTARD: 1	PC packet	1.00
MAYONNAISE, LIGHT	1 POUCH	0.00

Wed - 03/22/2017	Portion Size	G Carb
HAMBURGER ON BUN	1 EACH	31.00
CHEESEBURGER	1 EACH	32.00
FRIES, SEASONED, STIX	1/2 CUP	20.01
PIZZA, PRIMO PEPPORONI	SLICE	35.96
PIZZA, PRIMO CHEESE	SLICE	36.00
FRIES, SEASONED, STIX	1/2 CUP	20.01
SANDWICH, PEANUT BUT	SANDWICH	67.00
SANDWICH, HAM & CHEES	SANDWICH	28.50
SANDWICH, TRKY & CHZ 2	SANDWICH	27.00
FRIES, SEASONED, STIX	1/2 CUP	20.01
CHICKEN, ORANGE,1M,.5G	8 EACH	26.50
BROWN RICE	1/2 CUP	21.83
PEAS & CARROTS, FROZE	SERV (1/2 CUP)	10.49
SALAD BAR, APPLES, RED	1 EACH	15.71
SALAD BAR, CRASINS, CH	POUCH	28.00
SALAD BAR, TROP FRUIT	BOWL	17.00
SALAD BAR, CARROT, STI	1/4 CUP	2.76
SALAD BAR, CAULIFLWR	1/2 CUP	2.66
SALAD BAR, JICAMA, SLI, 1	1/4 CUP	2.44
SALAD BAR, KIDNEY BEAN	1/4 CUP	14.50
SALAD BAR, RANCH, LT C	1 EACH	2.84

TOMATOES, SLICED	2 SLICES	1.75
LETTUCE, SHREDDED	1/4 CUP	0.47
MILK, 1% LOWFAT	HALF PINT	12.00
MILK, FAT FREE CHOCOLA	HALF PINT	26.00
MILK, FAT FREE, STRAWB	HALF PINT	25.00
KETCHUP, HEINZ, IND	1 EACH	3.00
CONDIMENT, MUSTARD: 1	PC packet	1.00
MAYONNAISE, LIGHT	1 POUCH	0.00

Thu - 03/23/2017	Portion Size	G Carb
HAMBURGER ON BUN	1 EACH	31.00
CHEESEBURGER	1 EACH	32.00
FRIES, SEASONED, STIX	1/2 CUP	20.01
PIZZA, PRIMO PEPPORONI	SLICE	35.96
PIZZA, PRIMO CHEESE	SLICE	36.00
FRIES, SEASONED, STIX	1/2 CUP	20.01
SANDWICH, PEANUT BUT	SANDWICH	67.00
SANDWICH, HAM & CHEES	SANDWICH	28.50
SANDWICH, TRKY & CHZ 2	SANDWICH	27.00
FRIES, SEASONED, STIX	1/2 CUP	20.01
CHICKEN, WING, JUMBO, F	3 each	2.15
CHERRY APPLE CRUNCH	Bar	43.00
FRIES, SEASONED, STIX	1/2 CUP	20.01
SALAD BAR, PEAR, FRESH	1 EACH	22.54
SALAD BAR, STRAWBERRI	1/4 CUP	2.76
SALAD BAR, APPLESAUCE	1 EACH	22.00
SALAD BAR, SPINACHSAL	1 CUP	5.92
SALAD BAR, ZUCCHINI	1/4 CUP	0.88
SALAD BAR, BROCCOLI F	1/4 CUP	0.89
SALAD BAR, RANCH, LT C	1 EACH	2.84
TOMATOES, SLICED	2 SLICES	1.75
LETTUCE, SHREDDED	1/4 CUP	0.47
MILK, 1% LOWFAT	HALF PINT	12.00
MILK, FAT FREE CHOCOLA	HALF PINT	26.00
MILK, FAT FREE, STRAWB	HALF PINT	25.00
KETCHUP, HEINZ, IND	1 EACH	3.00
CONDIMENT, MUSTARD: 1	PC packet	1.00
MAYONNAISE, LIGHT	1 POUCH	0.00

Fri - 03/24/2017	Portion Size	G Carb
HAMBURGER ON BUN	1 EACH	31.00
CHEESEBURGER	1 EACH	32.00
FRIES, SEASONED, STIX	1/2 CUP	20.01
PIZZA, 14", CHEESE, SLICE	SLICE	29.00
PIZZA, 14", PEPRONI, WG,	SLICE	29.00
FRIES, SEASONED, STIX	1/2 CUP	20.01
SANDWICH, PEANUT BUT	SANDWICH	67.00
SANDWICH, HAM & CHEES	SANDWICH	28.50
SANDWICH, TRKY & CHZ 2	SANDWICH	27.00
FRIES, SEASONED, STIX	1/2 CUP	20.01
CORN DOG, TURKEY	1 EACH	32.00
FRIES, SEASONED, STIX	1/2 CUP	20.01
BANANA, MEDIUM	1 EACH	30.00
SALAD BAR, APPLES, RED	1 EACH	15.71
SALAD BAR, ORANGE WE	3 WEDGES	6.50
SALAD BAR, BROCCOLI F	1/4 CUP	0.89
SALAD BAR, CARROTEENI	1.6 OZ BAG	4.03
SALAD BAR, RANCH, LT C	1 EACH	2.84
TOMATOES, SLICED	2 SLICES	1.75
LETTUCE, SHREDDED	1/4 CUP	0.47
MILK, 1% LOWFAT	HALF PINT	12.00
MILK, FAT FREE CHOCOLA	HALF PINT	26.00
MILK, FAT FREE, STRAWB	HALF PINT	25.00
RICE KRISPY TREAT, MINI	1 EACH	9.00
KETCHUP, HEINZ, IND	1 EACH	3.00

CONDIMENT, MUSTARD: 1	PC packet	1.00
MAYONNAISE, LIGHT	1 POUCH	0.00

Mon - 03/27/2017	Portion Size	G Carb
HAMBURGER ON BUN	1 EACH	31.00
CHEESEBURGER	1 EACH	32.00
FRIES, SEASONED, STIX	1/2 CUP	20.01
PIZZA, PRIMO PEPPORONI	SLICE	35.96
PIZZA, PRIMO CHEESE	SLICE	36.00
FRIES, SEASONED, STIX	1/2 CUP	20.01
SANDWICH, PEANUT BUT	SANDWICH	67.00
SANDWICH, HAM & CHEES	SANDWICH	28.50
SANDWICH, TRKY & CHZ 2	SANDWICH	27.00
FRIES, SEASONED, STIX	1/2 CUP	20.01
MACARONI & CHEESE: 1/2	1/2 CUP	18.32
BREADSTICKS, WHOLE G	BREADSTICK	21.00
CARROTS, SWEETENED	1/2 CUP	21.10
SALAD BAR, APPLES, RED	1 EACH	15.71
SALAD BAR, GRAPES, RE	1 EACH	15.00
SALAD BAR, MIXD FRUIT C	1 EACH	17.00
SALAD BAR, SPINACHSAL	1 CUP	5.92
SALAD BAR, BROCCOLI F	1/4 CUP	0.89
SALAD BAR, CARROTEENI	1.6 OZ BAG	4.03
SALAD BAR, CORN, 1/4 cup	1/4 CUP	9.62
SALAD BAR, RANCH, LT C	1 EACH	2.84
TOMATOES, SLICED	2 SLICES	1.75
LETTUCE, SHREDDED	1/4 CUP	0.47
MILK, 1% LOWFAT	HALF PINT	12.00
MILK, FAT FREE CHOCOLA	HALF PINT	26.00
MILK, FAT FREE, STRAWB	HALF PINT	25.00
KETCHUP, HEINZ, IND	1 EACH	3.00
CONDIMENT, MUSTARD: 1	PC packet	1.00
MAYONNAISE, LIGHT	1 POUCH	0.00

Tue - 03/28/2017	Portion Size	G Carb
BACON CHEESEBURGER	1 EACH	31.50
FRIES, SEASONED, STIX	1/2 CUP	20.01
PIZZA, PRIMO PEPPORONI	SLICE	35.96
PIZZA, PRIMO CHEESE	SLICE	36.00
FRIES, SEASONED, STIX	1/2 CUP	20.01
SANDWICH, PEANUT BUT	SANDWICH	67.00
SANDWICH, HAM & CHEES	SANDWICH	28.50
SANDWICH, TRKY & CHZ 2	SANDWICH	27.00
FRIES, SEASONED, STIX	1/2 CUP	20.01
TAMALE, CHICKEN, RED S	1 EACH	28.00
CORN, FRZ, YELLOW	1/2 CUP	19.93
SALAD BAR, ORANGE WE	3 WEDGES	6.50
SALAD BAR, STRAWBERRI	1/4 CUP	2.76
SALAD BAR, APPLESAUCE	1 EACH	22.00
LETTUCE, SHREDDED	1/4 CUP	0.47
SALAD BAR, CELERY STIC	1.6 OZ PACKAGE	1.60
SALAD BAR, CHERRY TOM	3 TOMATOES	1.99
SALAD BAR, SALSA CUP, 3	1 EACH	5.86
SALAD BAR, RANCH, LT C	1 EACH	2.84
TOMATOES, SLICED	2 SLICES	1.75
LETTUCE, SHREDDED	1/4 CUP	0.47
MILK, 1% LOWFAT	HALF PINT	12.00
MILK, FAT FREE CHOCOLA	HALF PINT	26.00
MILK, FAT FREE, STRAWB	HALF PINT	25.00
KETCHUP, HEINZ, IND	1 EACH	3.00
CONDIMENT, MUSTARD: 1	PC packet	1.00
MAYONNAISE, LIGHT	1 POUCH	0.00
CRACKER, VALENTINES,S	1 EACH	21.00

Wed - 03/29/2017	Portion	G
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	Size	Carb
HAMBURGER ON BUN	1 EACH	31.00
CHEESEBURGER	1 EACH	32.00
FRIES, SEASONED, STIX	1/2 CUP	20.01
PIZZA, PRIMO PEPPORONI	SLICE	35.96
PIZZA, PRIMO CHEESE	SLICE	36.00
FRIES, SEASONED, STIX	1/2 CUP	20.01
SANDWICH, PEANUT BUT	SANDWICH	67.00
SANDWICH, HAM & CHEES	SANDWICH	28.50
SANDWICH, TRKY & CHZ 2	SANDWICH	27.00
FRIES, SEASONED, STIX	1/2 CUP	20.01
CHICKEN, ORANGE, 1M, .5G	8 EACH	26.50
CORN, FRZ, YELLOW	1/2 CUP	19.93
SALAD BAR, APPLES, RED	1 EACH	15.71
SALAD BAR, CRASINS, CH	POUCH	28.00
SALAD BAR, PEACH CUP	BOWL	19.00
SALAD BAR, CARROT, STI	1/4 CUP	2.76
SALAD BAR, CAULIFLWR	1/2 CUP	2.66
SALAD BAR, GREEN PEAS	1/4 CUP	7.28
SALAD BAR, GOBONZO'S ,	1 EACH	12.00
SALAD BAR, RANCH, LT C	1 EACH	2.84
TOMATOES, SLICED	2 SLICES	1.75
LETTUCE, SHREDDED	1/4 CUP	0.47
MILK, 1% LOWFAT	HALF PINT	12.00
MILK, FAT FREE CHOCOLA	HALF PINT	26.00
MILK, FAT FREE, STRAWB	HALF PINT	25.00
KETCHUP, HEINZ, IND	1 EACH	3.00
CONDIMENT, MUSTARD: 1	PC packet	1.00
MAYONNAISE, LIGHT	1 POUCH	0.00

Thu - 03/30/2017	Portion Size	G Carb
HAMBURGER ON BUN	1 EACH	31.00
CHEESEBURGER	1 EACH	32.00
FRIES, SEASONED, STIX	1/2 CUP	20.01
PIZZA, PRIMO PEPPORONI	SLICE	35.96
PIZZA, PRIMO CHEESE	SLICE	36.00
FRIES, SEASONED, STIX	1/2 CUP	20.01
SANDWICH, PEANUT BUT	SANDWICH	67.00
SANDWICH, HAM & CHEES	SANDWICH	28.50
SANDWICH, TRKY & CHZ 2	SANDWICH	27.00
FRIES, SEASONED, STIX	1/2 CUP	20.01
CHICKEN, WING, JUMBO, F	3 each	2.15
BROCCOLI & CHEESE SAU	1/2 CUP	7.04
SNACK BAR, LEMON CHIP	1 EACH	41.00
SALAD BAR, PEAR, FRESH	1 EACH	22.54
SALAD BAR, STRAWBERRI	1/4 CUP	2.76
SALAD BAR, APPLESAUCE	1 EACH	22.00
SALAD BAR, SPINACHSAL	1 CUP	5.92
SALAD BAR, ZUCCHINI	1/4 CUP	0.88
SALAD BAR, BROCCOLI F	1/4 CUP	0.89
SALAD BAR, RANCH, LT C	1 EACH	2.84
TOMATOES, SLICED	2 SLICES	1.75
LETTUCE, SHREDDED	1/4 CUP	0.47
MILK, 1% LOWFAT	HALF PINT	12.00
MILK, FAT FREE CHOCOLA	HALF PINT	26.00
MILK, FAT FREE, STRAWB	HALF PINT	25.00
KETCHUP, HEINZ, IND	1 EACH	3.00
CONDIMENT, MUSTARD: 1	PC packet	1.00
MAYONNAISE, LIGHT	1 POUCH	0.00

Fri - 03/31/2017	Portion Size	G Carb
HAMBURGER ON BUN	1 EACH	31.00
CHEESEBURGER	1 EACH	32.00
FRIES, SEASONED, STIX	1/2 CUP	20.01
PIZZA, 14", CHEESE, SLICE	SLICE	29.00



PIZZA, 14", PEPRONI, WG,	SLICE	29.00
FRIES, SEASONED, STIX	1/2 CUP	20.01
SANDWICH, PEANUT BUT	SANDWICH	67.00
SANDWICH, HAM & CHEES	SANDWICH	28.50
SANDWICH, TRKY & CHZ 2	SANDWICH	27.00
FRIES, SEASONED, STIX	1/2 CUP	20.01
TURKEY HOT DOG ON BU	1 EACH	21.00
BAKED BEANS	1/2 CUP	32.00
BANANA, MEDIUM	1 EACH	30.00
SALAD BAR, APPLES, RED	1 EACH	15.71
SALAD BAR, ORANGE WE	3 WEDGES	6.50
SALAD BAR, BROCCOLI F	1/4 CUP	0.89
SALAD BAR, CARROTEENI	1.6 OZ BAG	4.03
SALAD BAR, RANCH, LT C	1 EACH	2.84
TOMATOES, SLICED	2 SLICES	1.75
LETTUCE, SHREDDED	1/4 CUP	0.47
MILK, 1% LOWFAT	HALF PINT	12.00
MILK, FAT FREE CHOCOLA	HALF PINT	26.00
MILK, FAT FREE, STRAWB	HALF PINT	25.00
COOKIE, CARNIVAL	1 EACH	27.00
KETCHUP, HEINZ, IND	1 EACH	3.00
CONDIMENT, MUSTARD: 1	PC packet	1.00
MAYONNAISE, LIGHT	1 POUCH	0.00

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.